



Galashiels Swimming Pool

CLASSES TIMETABLE

Monday 27 September

Time	Activity
Monday	
No classes	
Tuesday	
06:30 - 07:30	Lane 1 Swimming
06:30 - 07:30	Lane 2 Swimming
06:30 - 07:30	Lane 3 Swimming
07:30 - 08:30	Lane 1 Swimming
07:30 - 08:30	Lane 2 Swimming
07:30 - 08:30	Lane 3 Swimming
08:30 - 09:30	Lane 1 Swimming
08:30 - 09:30	Lane 2 Swimming
08:30 - 09:30	Lane 3 Swimming
09:30 - 10:15	Aquafit
12:00 - 13:00	Lane 2 Swimming
12:00 - 13:00	Lane 3 Swimming
12:00 - 13:00	Public Swimming
12:00 - 13:00	Family Swimming
13:00 - 14:00	Lane 2 Swimming
13:00 - 14:00	Lane 3 Swimming
13:00 - 14:00	Public Swimming

13:00 - 14:00	Family Swimming
18:00 - 19:00	Lane 1 Swimming
18:00 - 19:00	Lane 2 Swimming
18:00 - 19:00	Lane 3 Swimming
19:00 - 20:00	Lane 1 Swimming
19:00 - 20:00	Lane 2 Swimming
19:00 - 20:00	Lane 3 Swimming

Wednesday

17:15 - 18:15	Lane 1 Swimming
17:15 - 18:15	Lane 2 Swimming
17:15 - 18:15	Lane 3 Swimming
18:15 - 19:15	Lane 1 Swimming
18:15 - 19:15	Lane 2 Swimming
18:15 - 19:15	Lane 3 Swimming

Thursday

06:30 - 07:30	Lane 1 Swimming
06:30 - 07:30	Lane 2 Swimming
06:30 - 07:30	Lane 3 Swimming
07:30 - 08:30	Lane 1 Swimming
07:30 - 08:30	Lane 2 Swimming
07:30 - 08:30	Lane 3 Swimming
08:30 - 09:30	Lane 1 Swimming
08:30 - 09:30	Lane 2 Swimming
08:30 - 09:30	Lane 3 Swimming
09:30 - 10:15	Aquafit
10:15 - 11:15	Public Swimming
10:15 - 11:15	Family Swimming

10:15 - 11:15

Toddler Time

11:15 - 12:15

Lane 1 Swimming

11:15 - 12:15

Lane 2 Swimming

11:15 - 12:15

Lane 3 Swimming

17:15 - 18:15

Lane 1 Swimming

17:15 - 18:15

Lane 2 Swimming

17:15 - 18:15

Lane 3 Swimming

Friday

07:00 - 08:00

Lane 1 Swimming

07:00 - 08:00

Lane 2 Swimming

07:00 - 08:00

Lane 3 Swimming

08:00 - 09:00

Lane 1 Swimming

08:00 - 09:00

Lane 2 Swimming

08:00 - 09:00

Lane 3 Swimming

10:45 - 11:45

Lane 1 Swimming

10:45 - 11:45

Lane 2 Swimming

10:45 - 11:45

Lane 3 Swimming

11:45 - 12:45

Lane 1 Swimming

11:45 - 12:45

Lane 2 Swimming

11:45 - 12:45

Lane 3 Swimming

17:00 - 18:00

Lane 1 Swimming

17:00 - 18:00

Lane 2 Swimming

17:00 - 18:00

Lane 3 Swimming

Saturday

08:00 - 09:00

Lane 1 Swimming

08:00 - 09:00

Lane 2 Swimming

08:00 - 09:00

Lane 3 Swimming

09:00 - 10:00	Family Swimming Pod
10:00 - 11:00	Public Swimming
10:00 - 11:00	Family Swimming
11:00 - 12:00	Fun Session
12:00 - 13:00	Public Swimming
12:00 - 13:00	Family Swimming

Sunday

09:00 - 10:00	Lane 1 Swimming
09:00 - 10:00	Lane 2 Swimming
09:00 - 10:00	Lane 3 Swimming
10:00 - 11:00	Family Swimming Pod
11:00 - 12:00	Public Swimming11.00
11:00 - 12:00	Family Swimming11.00