

# Adolescent Parental Supervision Disclaimer

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**Please read the following conditions of entry for the child to gain access to BSLT Fitness Suites:**

- I, the parent or guardian, agree to the terms and conditions of entry into Borders Sport and Leisure facilities.
- I agree that I have to attend a gym induction with the child with a member of BSLT gym staff prior to supervising the child in the fitness suite, to ensure my and the child's competence.
- I confirm that the child is above the age of 12.
- I understand that I take full responsibility for my child's actions and safety within the fitness suite.
- I understand that I must be with my child in the fitness suite at all times.
- I understand and agree that my child will participate in the activity entirely at their own risk.
- No responsibility whatsoever shall be attached to Borders Sport and Leisure for any injury, accidents, loss or damage suffered by my child in the fitness suite.
- I declare that my child is in good health and fit to participate in physical activity.

**Parent/guardian signature**

**Date**

**Please print name**

Staff signature

Staff print name

Facility

Date

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