

PRICE LIST

2017/18

FITNESS & HEALTH

	ADULT	CONC/LOYAL	JNR
One Club			
Gym Visit	£6.50	£4.95	£3.95
Class 1 hour (at all locations).....	£4.95	£3.95	£3.95
Class 45 mins.....	£4.95	£3.95	£3.95
Class 30 mins.....	£3.95	—	—
Small group exercise (max 5 per class)	£12.50	—	—
Personal Training (1 hour).....	£30.00	—	—
Powerplate with instructor (30 mins).....	£17.50	—	—
Powerplate no instructor (30 minutes).....	£7.50	—	—
Gym Induction.....	£15.00	—	—
Gym Programme	£15.00	£7.50	—
7 day pass	£25.00	—	—
30 day pass	£50.00	—	—
Health MOT	£10.00	—	—
Weight Mangement.....	£57.00	—	—

Health Products

Classes (all types and durations).....	£4.95	£3.95	—
Activity Referral Membership - monthly (4 weeks x 3 (max12 weeks)	£20.00	£3.00	—

One Club Membership

Your option	Your Committed price	Your Flexible price
Swim only.....	£25.00 per month	£35.00 per month
Gym only	£25.00 per month	£35.00 per month
Class only.....	£25.00 per month	£35.00 per month
One Club (all).....	£29.00 per month	£38.00 per month

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SWIM & AQUATICS

	ADULT	CONC/LOYAL	JNR
Pool			
Swim	£4.15	£2.70	£2.70
Diving Board	£4.15	£2.70	£2.70
Disability Swim	—	£2.70	£2.70
Under 1	—	—	FREE
Under 5s swim	—	—	£1.50
Family Swim	£9.95	—	—
NPLQ (including cost of course material)	£225.00	£225.00	£225.00
NPLQ Renewal	£125.00	£125.00	£125.00
Rookies Block 10	—	£49.50	£49.50
Active			
Aerobics (and all variations)	£4.95	£3.95	£3.95
Lessons			
1:1 Lesson	£20.00	£15.00	£15.00
Adult & Child	£4.95	—	—
Adult Lessons Class (actual tuition, masters and stroke development)	£4.95	£4.95	—
Swim School (5 x 30 min sessions)	£25.00	£25.00	£25.00
L2 D D (Swim Borders Learn to Swim monthly payment)	—	—	£19.95
Pool Hire			
Lane Hire (per hour, not swimming club)	£20.00	£20.00	£20.00
Swimming Club Lane Hire (Club charged, per hour)	£12.00	—	—
Pool Hire (both) per hour	£100.00	£100.00	£100.00
Pool Hire (baby pool) per hour	£30.00	£30.00	£30.00
Main Pool Hire (Commercial)	£85.00	£85.00	£85.00
Main Pool Hire (Accrediated)	£65.00	£65.00	£65.00
Play sessions			
Holiday Fun	—	—	£3.50
Holiday Inflatable	—	—	£3.50
Inflatable Disco	—	—	£3.50
Inflatable Fun Session	—	—	£3.50
Disco Swim	—	—	£3.50
Fun Session (anything with no coach)	—	—	£3.50
Water walkers, sea scooters, aqua roller	—	—	£3.50
Coaching sessions			
Holiday Canoeing	—	—	£3.50
Water Polo	£4.50	£3.50	£3.50
Under water hockey	£4.50	£3.50	£3.50
Canoeing	£4.50	£3.50	£3.50

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SPORT & DEVELOPMENT

	ADULT	CONC/LOYAL	JNR
Team Sports Coaching per hour (max 16)	£75.00	—	£75.00
Small group sports coaching per hour (max 8)	£60.00	—	£60.00
One to one sports coaching per hour	£30.00	—	£30.00
3G			
1/3 pitch 1 hr (Accreditation)	£24.50	£18.50	£18.50
1/3 pitch 1 hr (Commercial)	£32.00	£23.50	£23.50
Full pitch training (Accreditation)	£70.00	£54.00	£54.00
Full pitch (Commercial)	£85.00	£65.00	£65.00
Match Fee Full Pitch 2 hr (Accreditation)	£70.00	£55.00	£55.00
Match Fee Full Pitch 2 hr (Commercial)	£90.00	£65.00	£65.00
Match Fee 1/2 Pitch 2 hr (Accreditation)	£38.00	£28.00	£28.00
Match Fee 1/2 Pitch 2 hr (Commercial)	£50.00	£38.00	£38.00
Five Aside 1 hr (Accreditation)	£32.00	£32.00	£32.00
Five Aside 1 hr (Commercial)	£38.00	£38.00	£38.00
Floodlights per hour 1/3 pitch (training)	£5.00	—	—
Floodlights per hour 1/2 pitch (training)	£7.50	—	—
Floodlights per hour 2/3 (training)	£10.00	—	—
Floodlights per hour full pitch (training)	£15.00	—	—
2G			
1/3 pitch 1 hr (Accreditation)	£19.50	£13.00	£13.00
1/3 pitch 1 hr (Commercial)	£23.50	£16.00	£16.00
1/2 pitch 1 hr (Accreditation)	£27.00	£18.00	£18.00
1/2 pitch 1 hr (Commercial)	£34.00	£22.00	£22.00
Full Pitch Training 1 hr (Accreditation)	£50.00	£30.00	£30.00
Full Pitch Training 1 hr (Commercial)	£60.00	£37.00	£37.00
Match Fee 1.5 hours (Accreditation)	£55.00	£35.00	£35.00
Match Fee 1.5 hours (Commercial)	£70.00	£40.00	£40.00
Floodlights per hour 1/3 pitch	£5.00	—	—
Floodlights per hour 1/2 pitch	£7.50	—	—
Floodlights per hour full pitch	£15.00	—	—
Floodlights per 1.5 hr 1/2 pitch	£11.25	—	—
Floodlights per 1.5 hrs full pitch	£22.50	—	—
Athletics Track			
Track Hire (400m) Individual 1 hrs (Accreditation)	£3.50	£2.50	£2.50
Track Hire (400m) Individual 1 hrs (Commercial)	£5.00	£3.50	£3.50
Track Event Hire (400m) per hour (Accreditation)	£17.50	£13.50	£13.50
Track Event Hire (400m) per hour (Commercial)	£20.00	£15.00	£15.00
Track Hire (100m) Individual 1 hrs (Accreditation)	£1.50	£1.00	£1.00
Track Hire (100m) Individual 1 hrs (Commercial)	£2.50	£1.50	£1.50
Track Event Hire (100m) per hour (Accreditation)	—	—	—
Track Event Hire (100m) per hour (Commercial)	—	—	—
Club track hire (per hour)	—	£30.00	—
Floodlights 1 hrs	£5.00	—	—
Floodlights 1.5 hrs	£7.50	—	—
Floodlights 2 hrs	£10.00	—	—

SPORT & DEVELOPMENT cont.

	ADULT	CONC/LOYAL	JNR
Tennis Centre			
1 court per hour (Commercial)	£7.50	£5.00	£5.00
1 court per hour (Accredited)	£5.00	£4.00	£4.00
Floodlights per hour	£5.00	£5.00	£5.00
Indoor			
Full Hall 1 hr (Commercial)	£35.00	£25.00	£25.00
Full Hall 1 hr (Accreditation)	£27.50	£20.00	£20.00
Half Hall 1 hr (Commercial)	£20.00	£15.00	£15.00
Half Hall 1 hr (Accreditation)	£15.00	£11.00	£11.00
One Court 1 hr (Commercial)	£10.00	£7.00	£7.00
One Court (Accreditation)	£7.50	£5.00	£5.00
Squash Court 1 hour (Commercial)	£5.00	—	—
Squash Court 1 hr (Accreditation)	£3.80	—	—
Studio			
Hire (Commercial)	£20.00	£15.00	£15.00
Hire (Accreditation)	£15.00	£11.00	£11.00
Changing Rooms Per hour	£12.95	£12.95	£12.95
Bowling Club			
1 rink for 1 hour (Commercial)	£3.50	£3.00	£2.25
1 rink for 1 hour (Accredited)	£2.25	£1.75	£1.75
1 rink for 2 hours (Commercial)	£7.00	£6.00	£4.50
1 rink for 2 hours (Accredited)	£4.50	£3.50	£3.50
Annual Membership	£80.00	£80.00	£20.00
Sport Programmes			
Football APDS (monthly DD)	—	—	£23.00
Cycling ARDS	—	—	£32.00
Sports Academy	—	—	£225.00
Coaching Conference (per hour)	£4.50	£4.50	£4.50
Sports Development Camps (3 days)	—	—	£75.00
Elite Development Camp (3 days)	—	—	£90.00
Hockey Development Camp (2 hrs per day/ 3 days)	—	—	£30.00
Cycling Development Camp (3 days)	—	—	£120.00
Elite Cycling Development Camp (3 days)	—	—	£150.00
Sport Event	£4.50	£4.50	£3.00
Specialist Sport Coaching e.g. Parkour	£10.00	£5.00	£5.00
Triathlon			
Sprint	£42.50	£34.00	—
Come and Tri	£30.00	£24.00	—
Standard	£48.00	£48.00	—
Duathlon	£29.00	£24.00	—
10k	£12.50	£10.50	—
5k	£12.50	£10.50	£3.50
Mass participation event (fun runs etc.)	£10.00	£7.50	£3.50

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PLAY & LEISURE

ADULT

JNR

Parties

Sports Party	£99.00	_____
Inflatable Party	£99.00	_____
Disco Party	£99.00	_____
Roller Skating Party	£99.00	_____
Inflatable Pool Party	£99.00	_____
Pool Fun Party	£99.00	_____
Go-kart Party	£120.00	_____
Tumble Time Party	£70.00	_____

Holiday camps

Half day camp (9-1)		£12.50
Half day camp (1-5)		£12.50
Day camp (9-5)		£25.00
Day camp extended drop off (1 hour)		£3.50
Day camp extended pick up (1 hour)		£3.50

Play Sessions

Tumble Time (under 1)		FREE
Tumble Time (over 1 to 5 years)		£2.50
Roller skating		£3.50
Any holiday fun session -1hour		£3.50

Mini Programme

Mini Programme DD		£14.50
Instructor led session per hour (dance, cheerleading etc.)		£3.50
Go-kart Arrive and Drive (45 minutes)		£10.00

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CENTRES & VENUES

	ADULT	CONC/LOYAL	JNR
Courses			
Safe Guarding & Protecting Children course	£28.00	_____	_____
In Safe Hands course	£28.00	_____	_____
Emergency First Aid	£55.00	_____	_____
Active Schools Sessions			
In Live Borders facility (1 hour)	_____	_____	£3.50
In Live Borders in facility (45 minutes)	_____	_____	£3.50
In school with paid coach (1 hour)	_____	_____	£1.50
In school with paid coach (45 minutes)	_____	_____	£1.50
In school with leader / volunteer (1 hour)	_____	_____	FREE
In school with leader / volunteer (45 minutes)	_____	_____	FREE
Sports Participation Centres (av 1:12 ratio)			
Cycling	_____	_____	£3.50
Football	_____	_____	£3.50
Athletics	_____	_____	£3.50
Hockey	_____	_____	£3.50
Rugby	_____	_____	£3.50
Tennis	_____	_____	£3.50
Bowling	_____	_____	_____
Disability sessions	_____	_____	£3.50
Caravan Park			
Caravan 1 night	£12.50	_____	_____
Caravan 3 nights	£34.00	_____	_____
Caravan 7 days	£70.00	_____	_____
Tent 1 night	£11.00	_____	_____
Tent 3 nights	£30.00	_____	_____
Tent 7 nights	£70.00	_____	_____
Electric hook up per day	£5.00	_____	_____
Fishing			
Annual Crown (Residents)	£140.00	£70.00	_____
Annual Town (Residents)	£60.00	£30.00	_____
Annual Crown (Non-residents)	£260.00	_____	_____
Weekly Crown (Non-residents)	£190.00	_____	_____
3 Day Crown (Non-residents)	£130.00	_____	_____
1 Day Crown (Non-residents)	£60.00	_____	_____
Annual Town (Non-residents)	£130.00	_____	_____
1 Day Town (Non-residents)	£45.00	_____	_____

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CENTRES & VENUES

NON - COMMERCIAL COMMERCIAL

Community Venue Hire (Band A)

Hall (per hour)	£20.00	£50.00
Lesser Hall (per hour)	£15.00	£35.00
Meeting Room (per hour)	£12.00	£24.00
Kitchen (per hour)	£10.00	£20.00
Community Group Affiliation Fee (per annum)	£50.00	—

Community Venue Hire (Band B)

Hall (per hour)	£18.00	£40.00
Lesser Hall (per hour)	£12.00	£25.00
Meeting Room (per hour)	£12.00	£24.00
Kitchen (per hour)	£8.00	£16.00
Community Group Affiliation Fee (per annum)	£50.00	—

Community Venue Hire (Band C)

Hall (per hour)	£15.00	£25.00
Meeting Room (per hour)	£12.00	£24.00
Kitchen (per hour)	£6.00	£12.00
Community Group Affiliation Fee (per annum)	£50.00	—

Community Venue Hire (Band D)

Hall (per hour)	£12.00	£24.00
Meeting Room (per hour)	£12.00	£24.00
Kitchen (per hour)	£4.00	£8.00
Community Group Affiliation Fee (per annum)	£50.00	—

Band A Venues:

Galashiels Volunteer Hall, Hawick Town Hall, Kelso Tait Hall, Selkirk Victoria Hall.

Band B Venues

Jedburgh Town Hall, Innerleithen Memorial Hall

Band C Venues

Coldstream Town Hall, Lauder Public Hall, Melrose Corn Exchange, Melrose Ormiston Institute, Peebles Burgh Hall.

Band D Venues

Galashiels Old Gala House, Stow Town Hall, West Linton Graham Institute.

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CENTRES & VENUES

NON - COMMERCIAL COMMERCIAL

Other Facility Charges: (plus VAT)

Theatre Lights (per unit/ per day)	£2.50	£5.00
Scaffolding (plus delivery charge)	£35.00	£35.00
Digital Projector (per day)	£30.00	£30.00
PA System (inc 1 microphone)	£30.00	£30.00
Microphone (per day)	£5.00	_____
Out of Hours Supplement (between 00.00 and 08.30)	£30.00	£30.00

External Hire: (Plus VAT)

Tables (per unit/ per day)	£2.50	_____
Portable Staging (per unit/ per day)	£25.00	_____
Chair (per unit/ per day)	£0.50	_____

Notes

Affiliated Community Groups* will receive a 20% discount on all hires.

An additional £30.00 per hour Out of Hours Supplement is payable between 00.00 midnight to 08.30 in addition to the hourly rate and on public holidays.

Performing Rights: payable depending on event type and audience size.

A mileage charge may apply for items that require to be transported by Live Borders between venues.

*The definition of a bona fide community group is one who meets the criteria:

Is locally based.

Not for profit.

Has a committee structure.

Can produce audited annual accounts and or constitution.